

Required:

1. Helmet

- Troxel** or **Ovation** are good, economical brands, look for a “training” or “schooling” helmet with adjustable dial-fit, expect to spend around \$45-\$65
- can find at Murdoch’s, Dover’s (in Parker), most local tack shops, or online at State Line Tack, SmartPak, or on Amazon
- Bike helmet or other kind of helmet ok for first few lessons

2. Long pants

- jeans ok
- riding pants, jodhpurs, or breeches ok
- some people like to ride in yoga or running pants

3. Closed-toe footwear with a heel and smooth sole (minimal tread)

- hiking boot ok
- cowboy boots
- Ariat, Mt. Horse, Ovation, Dublin are some brands, look for a **paddock boot** or **riding sneaker** so it’s useful outside of barn
- ABSOLUTELY NO SANDALS**
- if you come in inappropriate footwear, you may still be allowed to ride without stirrups

Recommended:

4. Gloves (REQUIRED FOR GROUNDWORK)

- Heritage, Noble Equine, SSG are some brands
- Gardening gloves or other thin gloves ok

5. Bug spray, sunscreen, sunglasses, water, camera

6. Weather-appropriate gear such as rain jacket, warm socks, coat, scarf, gloves, HotHands hand warmers, etc.

*** DO NOT WEAR THE FOLLOWING:**

- plastic ponchos
- any jacket or windbreaker made of flappy, plasticky, noisy material
- big, clunky snow boots (may be ok for use on ground, but not safe in stirrup)
- flip-flops, sandals, open-toed shoes, high heels, flimsy tennis shoes
- rings (including wedding bands) or any dangly or noisy jewelry